

League Structure

- ❖ Points will be worked as follows: 5 points for a win, 3 points for a draw, 2 points for a score which is within 5 goals of the winning score (i.e. 10-6) and 1 point for scoring more than 50% of the winning teams score
- ❖ Should there be a draw at the end, the winner will be decided upon the goal difference.
- ❖ At the end of the winter season play-offs will be held.
- ❖ The 1st and 2nd position team in each division will automatically go up.
- ❖ The bottom and second bottom team of the division will go down.
- ❖ The play-offs will be between the 3rd to bottom team in the division above and the 3rd position team in the division below. Changes to this may be made if the league format changes.

Venue and Team information

- ❖ Hampden Park Sports Centre. BN22 9RQ
- ❖ Changing facilities are available at the centre
- ❖ All teams must provide their own bibs, a match ball and first aid kit (with ice packs) and scorers' board and pen/pencil.
- ❖ Fees to be paid by the date advised each season.

Match Structure

- ❖ All division 1 games will be umpired by qualified 'C' or above umpire.
- ❖ All of our C award umpires have been assessed and judged competent by Netball Europe Standards.
- ❖ Divisions 2-5 will be umpired by a qualified C award umpire or an experienced umpire.
- ❖ The match will consist of 12 minute quarters, with 1 minute rest between each quarter and 2 minutes half time.
- ❖ Please be at the courts at least 5 minutes before your match is due to start. This is most important for the 6.30 games however please ensure you arrive early for all games.
- ❖ If a team has 5 players, the game must start, and players arriving late must have nails checked by the umpire and can only take to the court once a goal has been scored.
- ❖ If a team does not have 5 players to start the game, umpires to give 5 minute call and for each minute after that, where play has not begun, the team present will be given 1 goal. The team present will also have first C pass and choice of ends.
- ❖ During intervals or before the match, the umpire will call you on court. If the players have not taken the court, the umpire will give a 10 second warning to take the court. If players do not get on court the umpires will sanction the 'delay play rule.'
- ❖ All teams must supply a scorer.

- ❖ The scorers should be left alone to score. Coaches and spectators should not ask for scores or discuss them during play. At the end of each quarter, scorers must agree score, change the odds and evens if necessary, ready for the next quarter of play, before swapping with another scorer
- ❖ Scorers and umpires must agree the next C pass after the interval.

Cancelling/Postponing Matches

- ❖ If your team is unable to play a match please let me know at least 48hrs in advance so umpires can be cancelled. (by 6pm on the Tuesday before the game)
- ❖ The team cancelling must let the other team know.
- ❖ The cancelling team will lose 5 points and the opposition will gain a win with 5 points and 20 goals. If the opposition gains more than 20 goals, the score will reflect this. E.G. team playing friendly score 16 goals, opposition score 29 goals, score will be 0-29.
- ❖ If the game is rearranged by the teams before the end of the season, I will change the result on receipt of the score cards only.
- ❖ I am hoping that teams will try and rearrange and be accommodating
- ❖ Teams who cancel 3 or more games in any one season are at risk of being suspended from playing in the subsequent season.
- ❖ Each team will pay a £20 'BOND' before the season starts in September, which will be kept in a separate netball account and if your team has had no cancellations, this 'BOND' will be paid back to the team. With each cancellation, £10 will be taken from the 'BOND'
- ❖ A list of all league umpires can be found on the website.
- ❖ If the game needs to be cancelled due to bad weather, a cancellation post will be posted on Face Book by 5pm. Captains need to check this and let their teams know.

Squads

- ❖ All teams must affiliate all players to England Netball.
- ❖ Each team can register up to, but no more than 12 players. Only registered players can take part in a match.
- ❖ If a team has not registered 12 players at the start of the season, a player can only be added with Sue's approval, with 3 days' notice, before that player can play. Please note that if a player is already playing for another team within that club, permission may not be granted for the player to be moved. This is done to prevent teams swapping players mid-season.
- ❖ Players cannot be taken off the registered team once registered for any other reasons than leaving, maternity or injury. Captains must inform Sue giving notice 3 days, with their reason for wanting to do so before the player can be removed and or replaced.

- ❖ If a player is registered in another team within your club, she cannot be moved into any of your higher teams during the season unless she is moved into a space that has become available for the above reasons only. Again please apply to the panel at least 3 days before that player plays for a higher team within the club.
 - ❖ A player may change clubs mid- season but must notify the panel 7 days' notice before playing for a new club. Only one transfer per person per season.
 - ❖ Registration of squad names must be sent in before the first fixture is played.
 - ❖ Playing Up: Players can play up twice in the winter season in total and once in the summer season. The captain needs to inform the umpire at the start of the match who this player/players are.is. The umpire will mark on the score card.
 - ❖ Only two players can play up in a game.
 - ❖ If the captain fails to notify the umpires before the game commences, 1 point will be deducted from your points on the league table. It is the Captain's responsibility to make it clear to the umpire who is playing up.
 - ❖ If there are two teams in the same division from a club, the club must nominate a first team and a second team. The first team cannot play for the second team as this is deemed to be playing down. Players from the 2nd team can play up to their first team even if in the same division. This is playing up.
 - ❖ If a player plays up more than twice, her team will lose the points of that game.
 - ❖ Players cannot play for more than one club in The Eastbourne Netball League.
 - ❖ Any player over 14 years of age is eligible to play in the Eastbourne Netball League.
 - ❖ In accordance with England netball Rules, pregnant players may not take part in match play beyond the 12th week of pregnancy.
 - ❖ All jewellery and piercings to be removed (medical alert bracelets to be allowed). Only wedding rings to be taped.
 - ❖ If a player has been advised to have a Daith piercing because of a medical condition, the player must get a medical letter from the Doctor and send to Sue and the panel will decide whether this Daith can be worn during games. If it is allowed, it must be taped and a headband worn over it. This is the advice given by England Netball.
- If a player decides to wear any jewellery or piercing during a game, the umpire will use the appropriate sanctions at that time and this could lead to disciplinary action by the panel which may include the loss of points or future match ban.

Rules

- ❖ England Netball Association Rules are the rules of play.
- ❖ The umpires will be happy to clarify any rule during quarter and half time to the Captain only. Please refrain from questioning the umpire during the game. It is not the role of the umpire to clarify decisions during play. This may be interpreted as 'dispute with umpire' or delay play' and sanctioned accordingly.

Supporters

- ❖ Teams shall be responsible for the behaviour of their own supporters and any children they bring with them.
- ❖ We welcome supporters and the enthusiasm they bring but please ensure no negative comments are made direct to the opposition in keeping with the spirit of the game we nurture in The Eastbourne Netball League.
- ❖ Please ensure all spectators respect our umpires at all times.
- ❖ No other people are to stand on the side-lines during games other than the scorer and umpire please. Spectators to stand at the end of the court and away from the goal lines.

Discipline

- ❖ Players and spectators should respect and accept the umpires decisions at all times. Unfair remarks both on and off the court are not acceptable at any time and not within the Spirit of Netball. Team captains need to ensure that all players, team staff and supporters adhere to this policy.
- ❖ In the event of any query or complaint, the query/complaint form to be found in the document section of the website, must be filled in and sent within 48 hours to our league panel to resolve/ make comment on. Reports may be requested from both umpires and the opposition team.
- ❖ Opposition will also be given 48 hours to respond
- ❖ There will be a representative from each division on the panel and an umpire representative
- ❖ If the complaint is regarding an incident or query in which the representative is in that division she will not be consulted.
- ❖ The panel's decision will be final and may result in points being deducted or suspension/ withdrawal from our league.